

**Rural Health Care Student Immersion Experience
Sample Week Schedule (Subject to Change)**

Sunday

3-4 pm Arrive
4-6 Check in and get settled
6 pm Dinner
7 pm St. Claire HealthCare History and Mission

Monday

Morning Orientation
Afternoon Service Project or Shadowing or Ride-along

Tuesday (Absorbed into Rural Health Scholars Program)

Morning Ice Breaker Ball / Tie Dye T-Shirts
Career Cluster Presentation & Tour
Afternoon Teambuilding Activity
Professional Presentation
Basic Skills Workshop
Free Time
Evening Hike to Lockegee Rock or Movie @ Morehead Campus

Wednesday (Absorbed into Rural Health Scholars Program)

Morning Escape Game Teambuilding Activity
Career Cluster Presentation & Tour
Medical Trivia
Afternoon Recorded Surgery Viewing
Surgery Skills Workshop
Free Time
Evening Kayaking at Eagle Lake or MSU Recreation Center

Thursday

Morning (Absorbed into Rural Health Scholars Program)
Blindfold Battle Teambuilding Activity
Career Cluster Presentation & Tour
Lunch Social and conclusion of Rural Health Scholars Program
Afternoon Discharge Planning Lab or Service Project
5 pm Mass at Jesus Our Savior Church
6 pm Barbecue at home of CEO

Friday

Morning Discharge Planning Lab or Service Project
Noon Send-off Lunch
1-2 pm Check Out and Depart for home